

Student Health and Wellness Plan 2023-2025 (FY24 and FY25)

In partnership with the Mental Health Drug and Alcohol Board of Logan and Champaign counties and Midwest Regional Educational Service Center:

Objective 1: To provide mental and physical health care services to our PreK-12 student and staff population

Strategies:

- Full-time qualified nurse with offices in all buildings – Estimated cost - \$79,000.00
- Community Health and Wellness Partners Clinic on campus
- Staff training on health and wellness topics – (Safe Schools – paid through separate grant)
- CPR training for staff
- Utilize research-based Threat Assessment Protocol – certified team on staff
- ALICE shooter preparedness and Stop the Bleed training for all staff

Partnerships:

- Collaborate with Community Health and Wellness Partners
- TCN
- Logan County Health Department (immunization, vaccinations)
- Logan County Sheriff Department

Objective 2: To provide students with drug, alcohol, and suicide prevention and awareness and to support social and emotional development

Strategies:

- DARE Officer training and student curriculum – DARE training - \$2,000.00
- SADD Club – Advisor Cost - \$3,400.00
- Suicide awareness with Signs of Suicide screener administered to all 6th and 9th graders
- Vaping and Drug awareness with ODE recommended programs
- Conduct Search Institute Survey (40 Developmental Assets) every 3 years for grades 8, 10, 12 – funded by the MHDAS Board
- Every staff member gets Mental Health First Aid training with recertification every 3 years – Recertification in 2021, 2024, etc. – Estimated Cost \$7,000.00
- Teacher trained in Teen Mental Health First Aid training with all 11th graders being trained
- PBIS and Lake Effect program for all Pre-K-12 grade students
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) trained guidance counselors
- Sensory Rooms at the elementary and middle school
- Emotional Support Dogs (Sadie & Roxie)

Partnerships:

- Mental Health Drug and Alcohol Services (MHDAS) Board of Logan and Champaign counties
- State Support Team Region 6 – PBIS support
- SADD - National non-profit
- Washington Township Police Department – School Resource Officer Logan Miller

Objective 3: To provide eligible students with Occupational and Physical Therapy services in grades Prek-12

Strategies:

- Employ qualified therapists – OT and PT purchased services est. - \$130,000.00
- Identify and serve students
- District houses 4 severe unit special education classrooms that Indian Lake students and students from surrounding counties – Estimate for utilities for the year - \$20,000.00
- Support staff with classroom strategies and modifications to support student's needs
- Provide staff training on Adaptive PE strategies

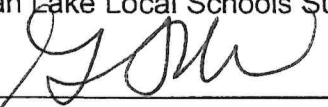
Partnerships:

- Midwest Regional Educational Service Center
- Bellefontaine Physical Therapy Services



Indian Lake Local Schools Superintendent

11-16-2023
Date



Indian Lake Local Schools Board President

4/20/23
Date

Scott A. Howell

Midwest Regional ESC Superintendent

11/16/2023
Date

Adam Sorensen, DHA, LPCC-S

MHDAS Executive Director

11/16/23
Date